

RE: NOMINATION FOR ELECTION OF SECRETARY FOR IBCPC BOARD

As per the requirements of IBCPC Bylaw 33, please accept the following nomination submission for the position of IBCPC Secretary:

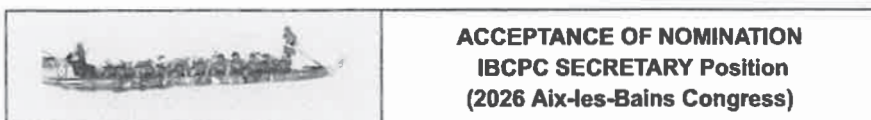
- **Nominator:**
 - Wendi Keller (Sistership Dragon Boat Association, active paddler, Secretary 2024-2026)
 - wendijkeller@gmail.com
 - Phone: +1 (403)-875-5546
- **Nominee:**
 - **Veronica Carlos**
 - mvcarlos@shaw.ca
 - Phone: + 1(403)512-6964
 - **Breast cancer dragon boat paddling experience: Sistership Dragon Boat Association, active paddler since 2022, webmaster (2023 - 2025). Calgary, Alberta, Canada.**
 - **Veronica truly exemplifies the mission and values of our dragon boat team! She demonstrates dignity, teamwork, accountability, open communication, and progress. Her personal and professional experiences will enable her to serve as an exceptional IBCPC Secretary.**
 - **Veronica has confirmed that she agrees to have her name placed in nomination.**
- **Attachment:**
 - **Acceptance of IBCPC Secretary nomination and Nominee information/CV:**
<https://docs.google.com/document/d/1qYdfN1bVVR10TqQ74WbXn8dpwRLCCoNJ3vZ5BAaWFHXQ/edit?usp=sharing>
- **Names and contact information of the four teams who support this nomination:**
 - *Cebu Pink Paddlers Dragonboat Team (Philippines)*
 - cebupinkpaddlersdbt17@cebupinkpaddlers.org
 - *Pink Sensations (Pickering, Ontario)*
 - *Kim Humphrey, Assistant Manager*
 - pinksensationsdragonboat1@gmail.com
 - *Pura Vida Dragon Rosa (Costa Rica)*
 - *Toby Bothel, Captain and Founder*
 - Dragonboatcr@gmail.com
 - *Rosa Fénix Patagonia Argentina*
 - mabeloso@hotmail.com

Sincerely,

Wendi Keller

Sistership Dragon Boat Association

wendijkeller@gmail.com



2026 June 19

To IBCPC and my fellow breast cancer paddlers:

My name is Veronica Carlos and I humbly accept the nomination for the position of IBCPC Secretary.

I joined Sistership Calgary in Canada in 2022. Joining a breast cancer survivor dragon boat team has been such a catalyst for my life. With my will and body broken, and very recently retired, giving back to this life-changing movement has become my mission.

Being a first-generation immigrant from the Philippines, I had to navigate the challenges of leaving a place that was always home - and that had everything and everyone that was safe and familiar - to head to totally unknown territory and an uncertain future. I had to be adaptable quickly, and pursued a career with the determination of a person whose motto was that failure was not an option.

I spent almost 30 years in the risk management and insurance fields within the Law department of Calgary's municipality. I have Canadian professional designations in both those fields, on top of undergraduate degrees in both management and economics. My leadership role for the majority of those years helped develop in me a strategic approach to goals as well as challenges. Working closely with our Litigation section allowed me to hone my risk management skills, and to respect the importance of good governance and stewardship in any organization. I also have a strong background in the use of technology to manage operational risks, improve customer service and business processes, and to facilitate internal and external communication.. Lastly, and most importantly, my career gave me the privilege of also being guided by and pursuing what was in the best interest of Calgary 's residents.

In a nod to the Philippines, my birth country, I also would like to be able to support outreach activities there and in other countries where there is so much room for the breast cancer dragon boat movement to grow. I look forward to being able to assist in furthering this worldwide movement, and explore the opportunities that await us.

Respectfully,

Veronica Carlos
Sistership Calgary
Phone: + 1(403)512-6964
E-mail: mvcarlos@shaw.ca

Veronica Carlos

A career dedicated to public service

+(403)512-6964
mvercarlos@shaw.ca

EXPERIENCE

City of Calgary, Calgary, AB, Canada — Leader, Business Services, Risk Management and Claims, Law Department

2003 - 2021 (Retired 2021)

Led team of professionals in unit responsible for finance, technology and communications-related services of the Law Departments risk management and claims division; worked extensively with Litigation section to mitigate Corporation's liability risks

Promoted a culture of diversity and inclusion in the workplace

City of Calgary, Calgary, AB, Canada — Risk Analyst, Risk Management and Claims, Law Department

1998 - 2003

Reviewed contracts to ensure legal protections on behalf of municipality; ensured adequate transfer and management of risks in all municipal operational environments

City of Calgary, Calgary, AB, Canada — Various administrative roles in Finance, Water Services and Law departments

1989 - 1998

Gained working knowledge of various municipal operations; including the use of technology to improve business processes and customer service

EDUCATION

Ateneo de Manila University, Manila, Philippines — Bachelor of Arts in Management Economics

1983 - 1987

Graduated with a double- major in Management and in Economics; comprehensive area of learning that provided a balanced mix of business education and economic theory, with emphasis on sound internal management amidst external economic forces



SKILLS

Fiscally responsible and strategic governance in a large governmental organization

Extensive expertise in the use of data and technology to manage operational risks, improve business processes and facilitate communication (website management, etc.)

PROJECTS

City of Calgary - Catastrophe Claim Management System (CCMS) - Business Lead
*system to manage all municipal physical asset losses in the event of a catastrophe, including online work processing and geospatial analysis platforms

City of Calgary - Incident, Claim and Occurrence Notification (ICON) System - Business Lead
*system to manage all municipal losses and liability risks using online technology platforms

**Insurance Institute of Canada, Toronto, ON, Canada —
Certified Insurance Professional (CIP) designation**

1996 - 2001

**internationally recognized designation primarily used in the Canadian property and casualty industry, and serves as the national standard of professionalism and expertise*

**upon completion, received award for highest marks in Southern Alberta, Canada in Insurance Against Liability course*

LANGUAGES

English

Tagalog (Filipino)

**Risk Management Society (RIMS), New York, NY, USA —
Certified Risk Management Professional (CRM) designation**

2001 - 2003

**sole international competency-based risk management credential for senior financial, operational and risk management roles*



Date 18 June 2026

Nomination for Secretary – International Breast Cancer Paddlers Commission (IBCPC) 2026.

I, Janet Huth, President of Dragons Abreast Brisbane (DAB), hereby nominate Joanne (Jo) Parry, from Brisbane, Australia, for the role of IBCPC Secretary. DAB is proud to support Jo in this important role.

Please refer to the supporting document about Jo.

Kind regards,

Mrs Janet Huth

President

Dragons Abreast Brisbane Inc.
PO Box 666, Morningside Qld 4170
president@dragonsabreastbrisbane.com.au

I, Joanne Parry, agree to be nominated for the role of secretary of IBCPC

Joanne Parry – Nominee for IBCPC Secretary

Joanne (Jo) Parry is a member of Dragons Abreast Brisbane (DAB), Australia, and has been actively involved in the breast cancer paddling movement since joining DAB in 2003, a few years after her breast cancer diagnosis at the age of 37. Through dragon boating, she has enjoyed both the camaraderie and fitness benefits of the sport while supporting its' broader mission of recovery, awareness, and inclusion.

Over many years, Jo has undertaken several leadership roles within DAB, including Coordinator, and currently serves as Events Coordinator.

At a national level, Jo has volunteered extensively with Dragons Abreast Australia (DAA), the national organisation of breast cancer survivors promoting breast cancer awareness through dragon boating. Her contributions have included serving as a Regional Representative, Chair of the Queensland and National DAA Regattas, and as a member of the DAA Board.

Jo was elected to the IBCPC Board as Vice President at the Peterborough Congress in 2010. Due to professional commitments, she later stepped down from that role, however, continued her involvement as Communications Director.

Jo's professional background is in healthcare and health information technology. Beginning her career as an enrolled nurse, she transitioned into healthcare administration, where she developed a strong interest in implementing administrative and scheduling systems within hospital environments. Her career progressed through a variety of roles in the health IT sector, including training, customer support, pre-sales, and solutions specialist positions. These opportunities enabled her to work and travel extensively throughout the United Kingdom, Asia, India, the Netherlands, and New Zealand.

Jo has attended all IBCPC events and has been actively involved in the international breast cancer paddling community for many years. She was a member of the Organising Committee for Abreast in Australia in 2007 and has attended IBCPC Festivals in Peterborough (2010), Sarasota (2014), Florence (2018) and New Zealand (2023).

In 2012, Jo had the honour of joining paddlers from Canada, the USA, the UK, Italy, and South Africa as part of Team Internationally Abreast, paddling on the Thames during the Queen's Diamond Jubilee Regatta. This experience highlighted the truly global nature of breast cancer paddling and the strong bonds shared across countries and cultures.

Jo is passionate about what breast cancer paddling represents and believes strongly in providing opportunities for women to return to full and active lives following a breast cancer diagnosis. She has witnessed remarkable physical and emotional transformations in women participating in the sport.

Jo's strengths include excellent communication and organisational skills, and knowledge of the applications that support the administration on IBCPC. She was responsible for setting up the MS Office Not For Profit solution for IBCPC to assist with document collaboration and storage. Jo has extensive experience in strategic planning over many years with DAA, DAB and IBCPC.

Outside dragon boating, Jo enjoys playing golf—although she readily admits she is a better paddler than golfer—and sings with a community choir.

Jo has tremendous respect for the pioneering work of Dr Don McKenzie and the courageous women who participated in the original research that demonstrated that upper body exercise is not only safe but beneficial following breast cancer treatment. She recognises that without their vision and determination, the global breast cancer paddling movement would not exist today.

Having witnessed the growth of breast cancer paddling around the world, Jo is committed to supporting the continued mission of IBCPC and ensuring that its' values of participation, inclusiveness, and empowerment remain at the heart of the organisation's future.

Nomination for IBCPC Secretary Jo Parry from DA Western Region

From Jo Parry <jo.parry@bigpond.net.au>
Date Wed 6/24/2026 12:31 AM
To Secretary <secretary@ibcpc.com>
Cc Meri Gibson <meri.gibson@ibcpc.com>

 1 attachment (193 KB)

Jo Parry Nomination for Secretary IBCPC.pdf;

Hi

I am happy to accept nomination for role of secretary.

Kind regards

Jo Parry



Monday, 22 June 2026

Nomination for Secretary – International Breast Cancer Paddlers Commission (IBCPC) 2026.

On behalf of Dragons Abreast Townsville Inc, we are proud to support Joanne Parry from Brisbane Australia, in her nomination for Secretary – International Breast Cancer Paddlers Commission (IBCPC) 2026.

Please refer to the supporting document about Jo.

Joanne Richter

Coordinator Dragons Abreast Townsville Inc. (DATI)

Phone: 0407104471

Dati.coordinator@gmail.com

Post Office Box 2371 Townsville, Queensland. 4810
ABN 74 537 588 466

townsville@dragonsabreast.com.au

National Office Ph. 1300 889 566



end@abreast.org.au @dragonsabreast @dabreast

DRAGONS ABREAST WESTERN REGION



Connect. Move. Live.

Endorsement of nomination for Secretary – International Breast Cancer Paddlers Commission (IBCPC) 2026.

I, Denise Ma, Secretary of Dragons Abreast Western Region (DAWR), endorse the nomination for Joanne Parry from Brisbane Australia, as Secretary of the IBCPC. DAWR is proud to support Jo in this important role.

'Joanne Parry has been a passionate ambassador for the breast cancer paddling movement for more than two decades. She combines lived experience as a breast cancer survivor with a deep commitment to supporting and connecting paddlers across the world. Respected for her warmth, integrity and dedication to the Dragons Abreast Australia (DAA) community, serving on the board of DAA for many years.

Joanne brings a uniquely Australian perspective and a genuine passion for the values that unite the global IBCPC family. Her proven strong organisational skills, attention to detail and collaborative approach make her an excellent nominee for the role of IBCPC Secretary.'

A handwritten signature in black ink, reading 'Denise Ma'.

Denise Ma
Secretary
Dragons Abreast Western Region
Member Group of Dragons Abreast Australia

23 June 2026



Inc. #9893802 & Registration No: 143481029

23rd June 2026

Nomination for Secretary – International Breast Cancer Paddlers Commission (IBCPC) 2026.

I, Geraldine Richardson Treasurer of Dragons Abreast Penrith (DAP), hereby I endorse the nomination for Jo Parry as secretary of IBCPC.

DAP is proud to support Jo in this important role.

Please refer to the supporting document about Jo.

Geraldine Richardson, Treasurer Pendragons Abreast Penrith



DRAGONS ABREAST ILLAWARRA INC.
ABN 61 356 641 922

Date 29 June 2026

Endorsement of Nomination for Secretary – International Breast Cancer Paddlers Commission (IBCPC) 2026.

I, Valerie Fraser, Secretary of Dragons Abreast Illawarra (DAI), hereby endorse the nomination for Jo Parry as Secretary of the IBCPC,
DAI is proud to support Jo in this important role.
Please refer to the supporting document about Jo.

Valerie Fraser
Secretary
Dragons Abreast Illawarra

Phone : 0417066945

E mail : illawarradragonsabreast@gmail.com



P.O. Box 50027
London, ON N6A 6H8

June 18, 2026

Re: **Nominee - IBCPC Secretary - Joanne Parry**

Letter of Support/Endorsement

To Whom it May Concern,

Rowbust Breast Cancer Survivor Dragon Boat Team from London, Ontario Canada is proud to endorse the nomination of Joanne Parry for the position of IBCPC Secretary in the elections being held at Congress in Aix-Les-Bains in August 2026.

Her leadership, vision and values are invaluable in the breast cancer paddling world and Rowbust feels Joanne is best suited for this position. She is no stranger to this movement, and her passion for it speaks for itself.

Thank you for your consideration.

Glynis Shelley

Glynis Shelley
President
Rowbust Dragonboat Racing Team